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Can mould spores cause tonsillitis

Black mold, also known as 'toxic black mold' or Stachybotrys, can cause many serious heath problems if found inside a home. There are numerous negative health effects from mold exposure, such as mental impairment, breathing problems, internal organ damage, and in some cases, even death. Mold exposure symptoms can be separated into different groups depending on the area affected by mold presence. Mental & neurological symptoms of black mold exposure Black mold produces toxins that can kill neurons in the brain and can impair a person's mental faculties. Exposure to black mold toxins may also cause nervous disorders and can alter a person's behavior, leading to mood swings and irritability. Symptoms of black mold exposure : Confusion Numbness Short attention span Shaking Seizure Tingling Trembling Anxiety Depression Dizziness Disorientation Difficulty concentrating Respiratory issues from toxic black mold People living in homes with toxic black mold are exposed mainly through breathing in mold spores and mycotoxins. Mold spores can cause irritation and a burning feeling in the person's air passages, such as the nasal cavity, mouth, and throat Some respiratory black mold symptoms are: Difficulty breathing (shortness of breath) Nose bleeds Runny, itchy, or stuffy nose Bleeding gums Sore throat Coughing Burning sensation of the mouth Wheezing Bleeding or swelling in the lungs Circulatory Black mold spores can be inhaled, consumed, or absorbed through a person's skin or eyes. Regardless of the entry way, these mycotoxins will eventually find their way into the person's blood, possibly leading to serious damage. Symptoms: Irregular heartbeat Low blood pressure Bleeding tendency Internal bleeding Vomiting up blood Heart inflammation Bleeding in the brain Impaired vision from black mold exposure Toxic black mold spores in the air can enter a person's eye very easily, causing many different vision problems. Symptoms of vision problems from black mold toxins: Eye inflammation Bloodshot eyes Blurry vision Jaundice (yellowing of the eyes) Skin issues from mold toxins If a person comes in physical contact with toxic mold, they can develops serious skin problems and severe rashes. Symptoms: Jaundice Crawling skin Skin inflammation, rash, blisters, itchiness Other Symptoms Toxic black mold can cause many other symptoms when a person is exposed for any length of time. Some of these symptoms are very common with many other types of sickness, so it is sometimes hard to identify that mold is the problem. Some of these symptoms are: Chronic fatigue Diarrhea Nausea Vomiting Fever Reoccurring colds Headaches Chest, muscle, abdominal, or joint pain Weakness Drowsiness Black mold affects different people in many different ways. Some people's symptoms will not be as severe as others. People with weak immune systems, such as the elderly or children, can have more serious reactions to black mold exposure. The best long-term course of action is to take routine measures to prevent all mold growth in your home or property. If you want more information on the health effects of black mold, please visit the Resource page on our website. If you think that you have black mold growing in your building or home, please call Certified Restoration immediately. Our highly-experienced and friendly San Diego mold remediation specialists can remove your mold infestations quickly and completely, so you and your family are not exposed to any unnecessary risks from mold exposure. Mold, a fungus that reproduces through mold spores, can be found anywhere – on shower curtains, in your basement, even on the siding of your house. It grows in almost any color, and it thrives in damp, warm, humid places, sprouting up year-round. If you're exposed to it, you could develop breathing problems, from mild to severe. Cleveland Clinic is a non-profit academic medical center. Advertising on our site helps support our mission. We do not endorse non-Cleveland Clinic products or services. Policy There are many potential symptoms and diseases that can result when you're exposed to mold. These include everything from allergic reactions and asthma to a rash on your skin. And no one is immune. In fact, critical care pulmonologist Lamia Ibrahim, MD, says mold can be responsible for breathing problems in almost anyone. "There's sufficient evidence to link mold exposure with upper respiratory tract symptoms – coughing and wheezing – in otherwise healthy people, as well as linking it to asthma symptoms in people with asthma," she says. Experts also say there's a potential link between early mold exposure and the development of asthma in some children, especially those with a genetic susceptibility to developing the condition. However, mold-induced breathing problems are temporary for the most part, and symptoms usually fade with less exposure to the fungus. Why mold causes problems Molds alone don't usually cause many health problems. It's when they land on damp surfaces and reproduce that you feel their nasty health effects. Mold spores produce allergens — substances that can cause you to have allergic reactions — resulting in hay-fever-like symptoms: itchy, red eyes, runny nose and asthma. If these persist, you can develop respiratory infections. It's rare, but exposure to mold spores can eventually cause organ damage, cognitive difficulties and even death. What's more, mold spores can irritate your lungs even if you're not allergic to mold. When introduced to your body, spores irritate your airways in your nose, mouth and throat, Dr. Ibrahim says. They can also cause burning and bleeding if they become lodged in your mucus membranes, such as in your sinuses and lungs. Differing symptoms But, not everyone responds to mold exposure the same way. Your symptoms may be different from others and can range from mild to severe. Children, older adults and immuno-compromised individuals are at greatest risk for developing breathing problems. People with severe mold allergies can develop fever or shortness of breath. Symptoms can include: Sore throat.Bleeding gums.Runny, itchy or stuffy nose.Nose bleeds.Difficulty breathing.Wheezing.Coughing.Swelling or even bleeding in your lungs. A rare inflammatory lung disease called hypersensitivity pneumonitis can also result from mold exposure. Symptoms include cough, difficulty breathing and fever. You usually develop this condition after mold exposure at work, but it can result from home exposure as well, Dr. Ibrahim says. How to minimize your risk To know how to protect yourself, start by knowing where mold spores thrive. Besides growing best in warm, damp, humid spots. Outside, you'll find mold in shady, damp areas or where leaves or other vegetation break down. Inside, mold grows in high-humidity locations, such as basements and showers, she says. "If you are prone to breathing problems, such as asthma, you should consider limiting exposure to damp, humid areas such as basements and saunas," she says. Here are other things you can do to minimize your mold exposure risk: Use an air conditioner or dehumidifier to keep humidity levels below 50% at all times.Check the humidity level in your home at least once a day because humidity changes with temperature shifts.Be sure your home is adequately ventilated. If you have exhaust fans, use them — especially when you shower. Use paints fortified with mold inhibitors.Use mold-killing bathroom cleaning products, such as bleach.Don't carpet bedrooms or bathrooms. If you own your home and can afford to, remove carpeting from your home and replace with another surface, such as laminate tile, that's easy to clean. Remove or replace carpets and upholstery that have gotten wet or soaked through in the past as these are breeding grounds for mold spores. What to tell your doctor If you have symptoms, and you've been exposed to mold at work, on a trip or at home, you should consult your doctor immediately. Dr. Ibrahim says. Tell your provider all that you can about the mold and the location. "Be sure to mention all symptoms you may have, no matter how trivial they may seem. There are no insignificant symptoms when you're being evaluated for a new problem," Dr. Ibrahim says. "Pay close attention to symptoms that are only present or worsen at home or other public areas where mold is common." can mold cause tonsillitis. can exposure to mold cause tonsillitis. does mold cause tonsillitis. can mould cause tonsillitis. can black mold cause tonsillitis

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