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Sheets bedding high thread count



Amerisleep's sheets are compatible with mattresses up to 18 inches thick, meaning they should fit just about any bed. Shop Real Thread Count Sheets with Authenticity 50 by Jimmy MacDonald September 30, 2021 10 min read 8 Comments Read More by Deagan Williams April 22, 2021 4 min read 1 Comment Read More by Molly W March 19, 2021 3 min read Read More When it comes to judging the quality of sheets, most people immediately look at the thread count. In 2017, the International Trade Commission issued a general exclusion order banning bedding companies from importing sheets with exaggerated thread counts. Which is better for you: Percale or Sateen Sheets? High Thread Count Sheets Are All Hype Sheets are a huge deal around here, but when it comes to thread count, we don't believe in bogus marketing. Because of the prevalent misleading marketing amongst the bedding industry, many people end up splurging on sheets they believe to be of high-quality only to find out they don't hold up well. In this guide, we'll explain what thread count is and why it's not the most telling factor in determining which bedding is best for you. What is Thread Count? Thread count (TC) is the number of horizontal and vertical threads weaved in one square inch of fabric. Here's what we mean: See this picture? One-ply threads only have one strand of yarn per thread, while two-ply threads have two strands of yarn per thread. Authenticity 50's sheet sets are 250 thread count (because it's what we like sleeping against too). What if we told you the best sheet thread count was 250? Shop Our Signature Collection Extra-Long Staple Cotton Sheets Cotton is the best material for sheets because of its breathability and durability. At Sleep Junkie, we recommend finding a sheet set with a thread count between 300 and 400; but, if you're somebody who prefers a cozier, thicker sheet, you certainly can find something of high-quality between the 400 and 500 TC mark. However, thicker strands are better in regards to durability than thinner strands. Percale Weave Sheets How the cotton is woven is what makes the biggest difference in how it feels when it rubs against your skin. Amerisleep's sheet set also features a low-wrinkle design, which makes their sheets easier to wash and maintain. Crazy, right? A good set of sheets will look better and feel softer with every wash, not do the opposite. High thread count sheets are best suited for people who live in colder climates or struggle to stay warm at night. They do a little magic marketing math, and BOOM! Before you know it, you have a 200 thread count sheet set being sold as a 600 thread count sheet set. A concern with cotton bedsheets are their tendency to wrinkle, so Amerisleep's low-wrinkle technology is a major bonus for people who are bothered by a messy bed. These sheets have a percale weave, so they feel crisp and cool to the touch. Here's the deal: Anything above 400 thread count isn't really a high thread count sheet. Sheet thread count comes down to the type of fiber used and whether it's of high quality, not necessarily how much of it is used. With that knowledge, it's safe to assume sheets with counts over 1,000 feature multi-ply yarn; so though it has a high thread count, the quality of the threads is questionable. Another way to fluff the thread count is to use lower quality fabrics with thinner threads. Though the sheets look nice at first, after a few washes, your sheets are often left looking worn and old. Combed cotton is usually longer-lasting than cotton that is uncombed because the combing process helps pull all the shorter, flimsier strands from the fabric— leaving a weave of long, durable threads. Cotton is regarded as the best fabric for sheets because it's breathable and long-lasting. In addition to the material of the fabric, look at how your sheet has been treated. The reality is that anything above a 300 thread count sheet is almost always a complete fabrication, and you're paying for that marketing. A Queen set of these sheets cost \$198. Like the Amerisleep sheets, Snowe's Percale Sheet Set has a percale weave, so they feel breathable and smooth. High thread count sheet sets are REALLY just sheets made with cheap multi-ply yarns. 1,000 individual strands in one square inch of fabric would result in a cumbersome and dense sheet. We expect these sheets to be long-lasting and durable because they feature long-staple and extra-long-staple fibers, which are resistant to pilling and hold up longer. It's actually just a cotton in India, China, and Pakistan were caught advertising their products with a grossly inflated counts, which triggered this crack-down by the ITC. You should be raising an eyebrow at sheets with a thread count over 500. How Do You Judge the Quality of Sheets? Beyond thread count, there are several ways to judge the quality of a set of sheets. To find a better, right? Because it's viewed as the biggest determinant of quality, bedding brands aim to create the highest count sheets. We love Supima cotton because it's the softest and most durable, has the best breathability, and is verified by the American Supima Association to be 100% the real deal — with no filler fibers, and nothing fake. To get the most for your money, we recommend investing in Amerisleep's sheets. In recent years, a number of bedding brands have been called on the carpet for marketing their products as having a higher number of threads than they actually do. Because more often than not, people report waking up hot in the middle of the night rather than cold, we expect most people are better off with more breathable sheets. In the next section, we'll touch on our recommended top-quality sheet that's fitting for the majority of sleepers, as well as our recommended high-thread count sheet for those who need a thicker, warmer sheet. What are the Best Sheets to Buy? Amerisleep Cotton Sheet At Sleep Junkie, we believe the best sheets you can buy for the majority of sleepers are Amerisleep's Cotton Sheet Set. It's the right weave for 95% of sleepers because it sleeps cooler and helps regulate body temperature. Though sheets with counts over 1,000 are typically regarded as having the highest TC, they're the most questionable. Cheaper, 3-ply yarns instead of quality single ply yarns. If threads are labeled as "multi-ply," they contain more than two strands of yarns per thread and are likely of poor quality. When looking at bedding sets, the number of threads is important to consider, but because it's so commonly manipulated, is not always reliable. Let's talk about the tactics bedding brands use to inflate their thread count. Common Marketing Misconceptions One of the most common ways bedding brands inflate thread count is by using multi-ply threads and counting each strand of yarn as separate threads. Unfortunately, many brands manipulate their products and sometimes, are not truthful. Our Recommendation: Amerisleep Cotton Sheets. Brands sold. Research and Resources In making this article, we did a deep-dive into the specifics of thread count and how it can be manipulated. Referenced multiple third-party news sites such as Washington Post and Business Insider for the most comprehensive information. Spent 8 hours writing and revising the article to deliver the most value-driven, accurate content possible. Brushing Up on the Basics of Thread Count We hope this article has helped you get a better understanding of the ins and outs of thread count. So why is 250 ACTUALLY the best? We like this sheet set because it uses high-quality, Italian milled Egyptian cotton. To learn more about how to find the best sheets, check out our other bedding guides that explain what to look for when shopping for sheets. Many bedding brands use chemical-based polishes or waxes to give their sheets a shine. These sheets are 100% combed cotton, have a percale weave, feature a low-wrinkle design, and fall right in the sweet spot for thread count, having a TC of 310. Don't fall for the marketing traps many bedding brands set, and avoid sheet sets labeled as having thread counts above 500. For soft, cool sheets that hold up for years, 180-280 thread count is a perfect range. The Percale weave is what fine 5-star hotels use (and clearly they're doing something right). Get the most for your money by investing in a top-rated sheet set that features durable fabrics, one or two-ply threads, and lower thread counts. Are you buying cotton or a set with synthetic fibers? Multi-ply yarns should be avoided, as one-ply and two-ply yarns are almost always the better choice. Who is Suited for High Thread Count Sheets? Before we dive into this section, it's important to clarify that when we use the term "high thread count," we are referring to sheets in the 400 and 500 range. Plus, choosing all-natural or organic sheets that are free of chemicals are better for your health. Lastly, as we mentioned before, always check the ply of the threads. We're fans of this sheet set because it's 100% combed Upland cotton and 310 TC. When you see a thread-count higher than 400, the number is nearly always a lie. A common misconception with thread count is that the higher the number, the better the sheet. Good fabrics will have thicker, stronger strands that are more resistant to wear and tear. Here's what we look for in the very best sheets (hint: 1,500 thread count sheets definitely don't make our list). An honest thread-count with single ply yarns. The lower the count, the more light and breathable a sheet is, whereas high TC sheets are generally heavier and cozier. When choosing sheets, make sure the threads are one or two-ply to get the best quality fabric. What is the Best Thread Count for Sheets? Even though it's been long-thought that sheets with higher thread counts are the best to buy, many sleep specialists agree the best sheets have a count between 300-500. The more strands in one square inch, the less breathable and airy it feels. Plus, because they have a count of 310, they should be airy, allowing for hot air to escape out of the bedding. Pay for what matters — a good night's sleep. To ensure your sheets will look pristine for years, choose a set that hasn't been chemically treated. Multi-ply yarn features smaller, not as durable, threads, and doesn't last as long as more durable single-ply or two-ply threads. To get counts in the 600, 800, or 1,000 range bedding brands will use two-ply or multi-ply threads, weave them into a theoretical 300 or 400 TC sheet, multiply it by the number of yarns per strand, and sell their sheets that way. So what do the best thread count sheets really look like?

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